



# OMEA Rudiment Requirements

(Revised 2019)

HS Class A

**1** Double Stroke Open Roll



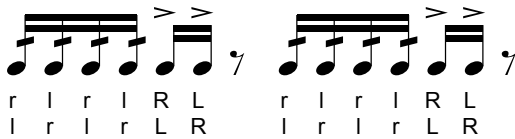
**2** Single Paradiddle



**3** 6 Stroke Roll\*



**4** 10 Stroke Roll\*



**5** 13 Stroke Roll



**6** Flam Drag



**7** Inverted Flam Tap



**8** Pataflafa



**9** Swiss Army Triplet\*



**10** Single Ratamacue



**11** Single Drag Tap



**12** Drag Paradiddle #1



\*Rudiments with two stickings may be played with either option (top row OR bottom row) and do NOT alternate. Each performer may choose which sticking they perform.

## Performance Requirements

1. Rudiments are to be performed from memory.
2. Class A soloists will be asked 3 rudiments from the 12 rudiments shown above.
3. Open-Close-Open (OCO) or Slow-Fast-Slow performance is intended to demonstrate the student's control of each rudiment throughout a wide tempo range. A student should perform each rudiment in OCO style with significant tempo change and minimal dynamic variation. The rudiment should remain clear and accurate throughout, maintaining consistent note spacing and rhythm, as well as clarity of accents, grace notes, and double strokes. Performance length should fall between 15-30 seconds.



# OMEA Rudiment Guide - Class A (2019)

\*Rudiments with two stickings may be played with either option (top row OR bottom row) and do NOT alternate. Each performer may choose which sticking they perform.

## 1 Double Stroke Open Roll

## 2 Single Paradiddle

## 3 6 Stroke Roll\*

## 4 10 Stroke Roll\*

**5** 13 Stroke Roll

The 13 Stroke Roll is a rhythmic exercise consisting of 13 strokes. The notation is as follows:

- First Row:** A sequence of 13 eighth notes. The first 12 notes are grouped in pairs (r, l), (l, r), (r, l), (l, r), (r, l), (l, r), (r, l), (l, r), (r, l), (l, r), (r, l), (l, r), and the final note is R. This is followed by a repeat sign and a sequence of 13 eighth notes: l, l, r, r, l, l, r, r, l, l, r, r, l, l, r, r, L.
- Second Row:** An acceleration exercise. It starts with the first 12 notes of the first row, followed by a final note R. This is followed by a repeat sign and a sequence of 12 notes: l, l, r, r, l, l, r, r, l, l, r, r, L. The final note L is marked with an accent (>). The word "accel. to" is written above the first and last groups.
- Third Row:** A deceleration exercise. It starts with the first 12 notes of the first row, followed by a final note R. This is followed by a repeat sign and a sequence of 12 notes: l, l, r, r, l, l, r, r, l, l, r, r, L. The final note L is marked with an accent (>). The word "decel. to" is written above the first and last groups.
- Fourth Row:** A deceleration exercise. It starts with the first 12 notes of the first row, followed by a final note R. This is followed by a repeat sign and a sequence of 12 notes: l, l, r, r, l, l, r, r, l, l, r, r, L. The final note L is marked with an accent (>). The word "decel. to" is written above the first and last groups.

**6** Flam Drag

The Flam Drag is a rhythmic exercise consisting of 6 strokes. The notation is as follows:

- First Row:** A sequence of 6 eighth notes: iR, l, l, r, rL, r, r, l. The first and fourth notes are marked with an accent (>). This is followed by the word "accel. to" and a sequence of 6 eighth notes: iR, l, l, r, rL, r, r, l. The first and fourth notes are marked with an accent (>). This is followed by another "accel. to" and a sequence of 6 eighth notes: iR, l, r, rL, r, l. The first and fourth notes are marked with an accent (>).
- Second Row:** A deceleration exercise. It starts with a sequence of 6 eighth notes: iR, l, l, r, rL, r, r, l. The first and fourth notes are marked with an accent (>). This is followed by the word "decel. to" and a sequence of 6 eighth notes: iR, l, l, r, rL, r, r, l. The first and fourth notes are marked with an accent (>).

**7** Inverted Flam Tap

The Inverted Flam Tap is a rhythmic exercise consisting of 8 strokes. The notation is as follows:

- First Row:** A sequence of 8 eighth notes: iR, l, rL, r, iR, l, rL, r. The first, third, fifth, and seventh notes are marked with an accent (>). This is followed by the word "accel. to" and a sequence of 8 eighth notes: iR, l, rL, r, iR, l, rL, r. The first, third, fifth, and seventh notes are marked with an accent (>). This is followed by another "accel. to" and a sequence of 8 eighth notes: iR, l, rL, r, iR, l, rL, r. The first, third, fifth, and seventh notes are marked with an accent (>).
- Second Row:** A deceleration exercise. It starts with a sequence of 8 eighth notes: iR, l, rL, r, iR, l, rL, r. The first, third, fifth, and seventh notes are marked with an accent (>). This is followed by the word "decel. to" and a sequence of 8 eighth notes: iR, l, rL, r, iR, l, rL, r. The first, third, fifth, and seventh notes are marked with an accent (>).

**8** Pataflafa

The Pataflafa is a rhythmic exercise consisting of 8 strokes. The notation is as follows:

- First Row:** A sequence of 8 eighth notes: iR, l, r, rL, iR, l, r, rL. The first, third, fifth, and seventh notes are marked with an accent (>). This is followed by the word "accel. to" and a sequence of 8 eighth notes: iR, l, r, rL, iR, l, r, rL. The first, third, fifth, and seventh notes are marked with an accent (>). This is followed by another "accel. to" and a sequence of 8 eighth notes: iR, l, r, rL, iR, l, r, rL. The first, third, fifth, and seventh notes are marked with an accent (>).
- Second Row:** A deceleration exercise. It starts with a sequence of 8 eighth notes: iR, l, r, rL, iR, l, r, rL. The first, third, fifth, and seventh notes are marked with an accent (>). This is followed by the word "decel. to" and a sequence of 8 eighth notes: iR, l, r, rL, iR, l, r, rL. The first, third, fifth, and seventh notes are marked with an accent (>).

**9** Swiss Army Triplet\*

$\text{R}$   $\text{L}$   $\text{R}$   $\text{L}$   $\text{R}$   $\text{L}$   $\text{R}$   $\text{L}$   $\text{R}$   $\text{L}$   $\text{R}$   $\text{L}$   $\text{R}$   $\text{L}$

**10** Single Ratamacue

$\text{L}$   $\text{L}$   $\text{r}$   $\text{l}$   $\text{r}$   $\text{l}$   $\text{L}$   $\text{r}$   $\text{r}$   $\text{l}$   $\text{l}$   $\text{R}$

**11** Single Drag Tap

$\text{L}$   $\text{L}$   $\text{r}$   $\text{L}$   $\text{r}$   $\text{r}$   $\text{l}$   $\text{R}$

**12** Drag Paradiddle #1

$\text{R}$   $\text{l}$   $\text{l}$   $\text{r}$   $\text{l}$   $\text{r}$   $\text{r}$   $\text{L}$   $\text{r}$   $\text{r}$   $\text{l}$   $\text{r}$   $\text{l}$   $\text{l}$